Piano sitting height and distance

Adjustable stool, raised high enough to reach the keys with a horizontal forearm without raising the elbow or shoulder. Check and adjust as the child grows.



Feet should be able to rest flat on the floor in front of them. If not, a step stool (or any kind of block) should be provided.

Natalie Bleicher, September 2021

Stool should be the right distance from piano to sit in the middle or front (not back) and reach the keys comfortably.